

PHYSICIAN PACKET

4246 W Highway 318 Citra, FL 32113 (904) 540-5853

Cara Gilison, OTD, OTR/L, AHCB Occupational Therapist and Board Certified in Hippotherapy



(904)540-5853 4246 W Highway 318 Citra, FL 32113

Date: _____

Dear Health Care Provider:

Your patient is interested in participating in occupational therapy with integration of equine movement and equine activities.

(participant's name)

In order to safely provide this service, our center requests that you complete/update the attached Medical History and Physician's Statement Form.

Please note that the following conditions may suggest precautions and contraindications to equine activities. Therefore, when completing this form, please note whether these conditions are present, and to what degree.

Orthopedic

Atlantoaxial Instability – include neurologic symptoms Coxa Arthrosis Cranial Deficits Heterotopic Ossification/Myositis Ossificans Osteoporosis Pathologic Fractures Spinal Joint Fusion/Fixation Spinal Joint Instability/Abnormalities

Neurologic

Hydrocephalus/Shunt Seizure Spina Bifida/Chiari II Malformation Tethered Cord/Hydromyelia

Other

Age – Under 4 years Indwelling Catheters/Medical Equipment Medications – i.e. Photosensitivity Poor Endurance Skin Breakdown

Medical/Psychological

Allergies Animal Abuse **Cardiac Condition** Physical/Sexual/Emotional Abuse **Blood Pressure Control** Dangerous to self or others Exacerbations of medical conditions (i.e. RA, MS) **Fire Settings** Hemophilia Medical Instability Migraines **PVD Respiratory Compromise Recent Surgeries** Substance Abuse **Thought Control Disorders** Weight Control Disorder

Thank you very much for your assistance.

If you have any questions or concerns regarding this patient's participation in equine assisted activities, please feel free to contact the center at the address/phone number indicated above.

(904)540-5853 4246 WHighway 318 Citra, FL 32068				
Occupational Therapy Physical Therapy	Speech Therapy Therapeutic Riding			
PRESCRIPTION				
Patient's Full Name:	DOB:			
Diagnosis : Please check one of the following. If more than one If diagnosis is specified, please note specific code.	diagnosis applies, please number in order of importance.			
Disorder of the Muscle, Unspecified (M62.9)	Spina Bifida, Unspecified (Q05.9)			
Ataxia, Unspecified (R27.0)	Spastic Diplegic Cerebral Palsy (G80.1)			
Congenital Malformation of Lung, Unspecified (Q33.9)	Spastic Quadriplegic Cerebral Palsy (G80.0)			
Cerebral Palsy, Unspecified (G80.9)	Specific Developmental Disorder of Motor			
Disorder of Central Nervous System, Unspecified (G96.9)	Function (F82)			
Apraxia (R48.2)	Infantile Spinal Muscular Atrophy, Type I (G12.0)			
Early-Onset Cerebellar Ataxia (G11.1)	Diffuse TBI with Loss of Consciousness,			
Diffuse TBI w/out Loss of Consciousness (S06.2X0)	Unspecified Duration (S06.2X9)			
Autistic Disorder (F84.0)	Anxiety Disorder, Unspecified (F41.9)			
PTSD (F43.10)	Eating Disorder, Unspecified (F50.9)			
Major Depressive Disorder, Recurrent, Unspecified (F33.9)				
Other (Specify Name and ICD-10 Code)				

CONTRADICTIONS/PRECAUTIONS

Therapy is prescribed for the following treatment:

Gross/Fine motor coordination via neuromuscular re-educat	ion or therapeutic activities
Gait Training Sensory Integrative Activities	
Perceptual Activities	
Therapeutic Exercise	
Frequency:	_ Duration:
Physician's Name:(Please Print)	NPI Number:
Physician's Phone #:	Fax #:
Physician's Signature:	
Address:	
Date:	



(904)540-5853 4246 W Highway 318 Citra, FL 32113

Medical Information Form

Name:		_ Date of Birth:	
Address:			
Phone Number:	Name of Parent/Guardian:		
Diagnosis:	Date	of Onset:	
** For persons with Down Syndrome:			
Negative Cervical X-ray for Atlantoaxial Instabi	lity	X-ray Date:	
Negative for clinical symptoms of Atlantoaxial I	nstability		
Tetanus Shot: 🗌 Yes 🗌 No 🛛 Date:	Height:	Weight:	
Seizure Turai	Data	of Last Saizura	
Type: Controlled: Medications:	Date C	of Last Seizure:	

Please indicate if patient has a problem or surgeries in any of the following areas by checking yes or no. If yes, please comment.

Areas	Yes	No	Comments
Auditory			
Visual			
Speech			
Cardiac			
Circulatory			
Pulmonary			
Neurological			
Muscular			
Orthopedic			
Allergies			
Learning Disability			
Mental Impairment			
Psychological Impairment			
Other			

Mobility:

Independent Ambulation	Crutches/Cane	Braces	Wheelchair		
Yes No	🗌 Yes 🗌 No	🗌 Yes 🗌 No	Yes No		
Please indicate any special precautions:					



(904)540-5853 4246 W Highway 318 Citra, FL 32113

To my knowledge there is no reason why this person cannot participate in supervised equestrian activities. However, I understand that Therapy on Hooves will weigh the medical information above against the existing precautions and contraindications.

I concur with a review of this person's abilities/limitations by a licensed/credentialed health professional (e.g. PT, OT, Speech, Psychologist, etc.) In the implementing of an affective equestrian program.

Patient Name (please print)			
Physician Name (please print)			
Physician Signature			
Address	City	State	_Zip
Phone ()			